

USA Cycling – 2010 Rules Update

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Agenda

- Location of Rulebook
- Rule-making process
- Important 2010 rules and significance



Location of Rulebook

- Click on “officials”
- Click on “online rulebooks and manuals”



Rule-making Process

- Rules proposed by:
 - ◆ Staff
 - ◆ Trustee Board members
 - USCF
 - NORBA
 - NCCA
 - BMXA
 - ◆ Members
- Ultimately, rules submitted to relevant trustee board by a trustee



Rule-making Process

- Trustee boards vote on proposed legislation
- USAC staff publishes and edits rulebook
- Each trustee board has a timeline for how and when they pass rules
- USCF and NORBA boards meet in the Fall (October, November) to consider and vote upon legislation



Significant 2010 Rule Changes (Helmets)

- At all times when participating in or preparing for an event held under a USA Cycling permit, including club rides, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets either the **US DOT** helmet standards or the U.S. Consumer Product Safety Commission (**CPSC**) standard for bicycle helmets.



Helmets (cont.)

- Helmets with the European CEN certification may be worn by riders only while participating in a race inscribed on the UCI calendar
- No more Euro helmets in domestic races!



Radios

1N6. Riders may not use radios, telephones, or other such communication devices. No earpieces may be worn; audio playback devices are expressly forbidden.



Team Issues

1J5. Team entry in races.

(a) Races that have team entry, or are team-limited events, are covered by the following general rules concerning entry:

- 1) Each racing team or club may enter only one team.
- 2) When a racing team or club has entered a team, additional team/club members may not enter as individuals, guest riders on other teams, or on a mixed team.
- 3) By entering, each team implicitly agrees that it is racing on its own behalf, and not in the interest of another team.



Team Issues

(b) When entries are received from closely related entities, (e.g. two racing teams from the same club, a racing team and the general ridership of the same club, or two teams with a common sponsor), the Chief Referee/race jury will decide whether to permit both entries. The basis for the decision will be whether the teams can be expected to race as separate entities. Criteria to be used include:

- 1) separate management and support;
- 2) geographical separation (in the case of multiple club teams or shared sponsors);
- 3) skill level and experience (club professional teams versus general club riders, or professional teams versus regional development teams);



Team Issues

- 4) major or minor sponsorship (in the case of shared sponsors).

(c) Teams may petition USA Cycling to establish that they are sufficiently distinct entities for the season, rather than on a race-by-race basis. Such a decision is still subject to review based on personnel changes or conduct at races.

(d) Entry having been accepted, teams must still ride in a manner consistent with their being a distinct entity. Riding in the interest of a related team is subject to discipline, up to disqualification.



Massed Start Bicycles

- **(h)** Time trial events may restrict the competitors to mass-start bicycles in one or more classes, provided that the restriction is stated in the race announcement and technical guide. This includes time trials in stage races.
- Allows the organizer to restrict TT bikes.
- Based on cost and equity to teams



Junior Gear Restriction Issues

- (1) For Juniors 16 and under who are competing in Championship team sprint, team pursuit, keirin, or Madison the 17-18 (unrestricted) gear limit applies.
- Clarifies that certain team events on the track do not have gear restrictions for younger juniors
- Contrary to basic premise that you always ride your correct gear no matter whom you ride with



Warnings

- **2B8. Warning – disqualification.**
- Any misconduct not specifically penalized may be punished with a warning. A rider receives only one warning in all rounds of a competition (e.g. sprints) before disqualification. If a rider is relegated in the competition, that relegation also carries with it a warning. The warning and disqualification are specific to each competition.



Dropped Riders

- **3D4.** Riders who have lost contact with the field, and are then caught by a breakaway from the field, may not lead [disqualification]. Riders off the front of the field may not accept assistance from riders who have lost contact with the back of the field [disqualification for accepting such assistance]. Lapped riders may rejoin and race with the field.



Free Lap Rule

- (d) A rider granted a free lap must re-enter the race before the final 8km of the race; after that point in the race a rider in the pit is losing ground on the field.
- Clarifies riders re-entering after a mishap
- Eliminates questions that come up based on where the pit is in relation to the finish line



Feeding in Cyclocross

- **5A16.** Feeding is not permitted unless specifically authorized by the Chief Referee [relegation or disqualification for unauthorized feeding].
- Previous rulebooks were silent on this issue
- This is the international practice



Lapped Riders in CX

- **5G1.** Any rider lapped before the last lap shall leave the race *the next time they cross the finish line* (unless stated differently prior to the race); *and* shall be given a place.
- Follows international rules that you now don't have to make it half way to get a place



MTB Technical Zones

- **6D1. Feed/Technical Assistance Zones** are permitted in the following events:
- **Ultra-Endurance Events** (Marathon, 6-hour, 12-hour, 24-hour events)
- **UCI Cross Country (XCO) events** (UCI classes only)



MTB Technical Zones

- **Cross Country National Championships** for the UCI classes (Pro men, Pro women, Junior 17-18 men, and Junior 17-18 women). Note that when the category 1 junior 15-16 year old juniors are on the course at the same time as the category 1 junior 17-18 riders, they will also have access to Technical Assistance Zones



Collegiate Equipment

- **7J. Equipment**
- **Rule 7J shall apply to road categories B, C, D, and E for the 2010 year, and subsequently apply to all categories in 2011.**
- **7J1. Bicycles**
- **(a) Bicycles used in competition in all Collegiate Road and Time Trial Events must conform with the current UCI and USAC regulations for mass-start legal bicycles**



Collegiate Equipment

- **(b) No handlebar extensions, including "aero bars," or other forms of bars offering forearm support shall be allowed.**
- **7J2. Wheels**
- **(a) Wheels used in competition in all Collegiate Road and Time Trial Events must conform with UCI mass-start legal regulations. The UCI maintains a website with the information of approved wheels.**



National Championships Track Events

- No more U23 Track National Championships
- Men's Madison raised to 50 km
- Women's Madison added (if 10 teams)



MTB National Championships

- No more jerseys for competition classes
- Medals only
- Single Speed added to Marathon National Championships
- Non-UCI classes now open to non-citizens if resident aliens



Thanks for Listening

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